

DR. BRAOU - SYLLABUS
UG II YEAR PSYCHOLOGY - SEMESTER-4
DSC - 4: COURSE-4: ABNORMAL PSYCHOLOGY

BLOCK-1: INTRODUCTION TO ABNORMAL PSYCHOLOGY

- UNIT-1** Historical Perspectives of Abnormal Behaviour, Concept of Normality and Abnormality, Adaptive and Maladaptive Behaviour, Criteria of Abnormality, Classification of Abnormality- ICD-10, DSM IVTR, DSM-V.
- UNIT-2 Theoretical Perspectives of Maladaptive Behaviour:** Biological, Psychodynamic, Behaviour, Cognitive, Humanistic-Existential and Community- Cultural Perspective.
- UNIT-3 Causes of Maladaptive Behaviour:** Biological Causes (Genetic Defects, Chromosomal Aberrations, Conditions at Birth (Anoxia, Prematurity and Low Birth Weight), Psychological Causes (Early Deprivation and Trauma, Abuse and Neglect, Maladaptive Family Structure and Patterns(Faulty Parenting Models, Maladaptive Family Structures and Pathogenic Interpersonal Relations) and Socio- Cultural Causes (Disasters, Wars, Poverty, Social Discrimination).

BLOCK-2: INTRODUCTION TO ANXIETY, PERSONALITY AND MOOD DISORDERS

- UNIT-4 Anxiety Disorders:** Symptoms and Causes of Generalised Anxiety Disorder, Panic Disorder, Phobias, Obsessive- Compulsive Disorder and PTSD.
- UNIT-5 Personality Disorders:** Symptoms and Causes of Odd/ Eccentric Behaviour, Dramatic/ Emotional/ Erratic Behaviour and Anxious/ Fearful Behaviour.
- UNIT-6 Mood Disorders and Suicide:** Symptoms and Causes of Depressive Disorders (Dysthymia), Bipolar Disorder (Cyclothymia).
Suicide: Causes and Prevention.

BLOCK-3: INTRODUCTION TO PSYCHOTIC AND COGNITIVE IMPAIRMENT DISORDERS

- UNIT-7 Schizophrenia:** Positive and Negative Symptoms, Cognitive Deficits, Development of Schizophrenia, Types of Schizophrenia. .
Paranoia: Symptoms and Causes of Paranoia.
- UNIT-8 Cognitive Impairment Disorders:** Delirium, Dementia (Alzheimer's Disorder, Parkinson's Disorder), Brain Trauma – Injuries, Tumours and Infections, Cerebro Vascular Disorders, Korsakoff's syndrome and Epilepsy.
- UNIT-9 Common Therapeutic Approaches to Psychological Disorders:** Psychoanalytic, Behaviouristic, Humanistic and Cognitive Behavioural Therapies.

BLOCK-4: DISINTEGRATIVE AND SUBSTANCE INDUCED DISORDERS

- UNIT-10 Disintegrative Disorders:** Attention Deficit/ ADHD, Conduct Disorder, Childhood Depression, Eating Disorders and Cyber Disorders.
- UNIT-11 Mental Retardation:** Concept of Mental Retardation, Levels and Causes of Mental Retardation.
- UNIT-12 Substance – Induced Disorders:** Substance Dependence and Abuse, Substance- induced Disorders, Alcoholism and Drug addiction.